



**Medical Statement
for Members of Golf
Clubs**

HealthDocs App
Controlling your Risk by Twice Daily Covid-19 Symptom Screening
Medical Statement for Members of Golf Clubs

Introduction:

Your HealthDocs app is a Free patient centric application that allows you, the registered user, complete control and access to your medical data. The club will provide you with a code assigned to the club that you will insert into the Employer/School/Club reference number field during the registration process. This will link you as a member to your club. Please insert your SA Player ID as indicated on your HNA handicap card into the Employee/Member Number in the profile section of the app. The data is populated by you, the legal owner of the information. Importantly, all data is protected as outlined in the HealthDocs security statement. The only way your medical data can be shared is if you share the data with a specific healthcare professional, who in turn is registered on the HealthDocs web-based Practice portal. It's advisable that your close contacts also download and use the Covid-19 patients app. Symptom Screening by all your close contacts, including family and colleagues allows for timeous quarantine and/or isolation if Covid-19 is positive in any person in one of your groups.

Your Coronavirus (Covid-19) HealthDocs plugin:

When you open the Corona (Covid-19) functionality for the first time you will need to fill out a Medical Conditions Questionnaire to define whether you are High or Low Risk. This is very important for you to know, as people with certain medical problems have a higher risk of Covid-19 complications. The medical conditions will not be made available to anyone.

The HealthDocs Covid-19 plugin allows you to do your own daily Symptom Screening for Coronavirus.

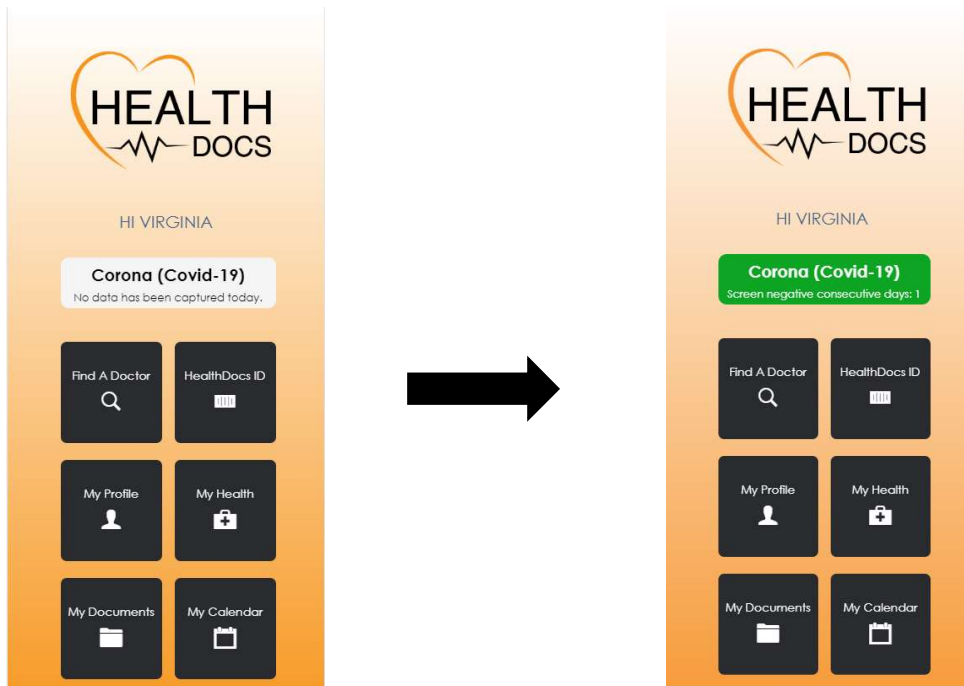
The golf club that you are a registered member of, will have access to your daily symptom screening. Your symptoms will be updated digitally, in real time, on the Covid-19 Corporate compliance system and be reflected in a compliance report by your golf club, your Golf Union and GolfRSA.

We recommend that you fill in your Personal assessment at least twice a day:

1. To reassure yourself that you are symptom free.
2. As part of the GolfRSA Risk Mitigation guideline requirements for you to gain access to golf club facilities.
3. To remind you that we are in a pandemic and you need to follow the principles of personal protection including wearing a mask in public, social distancing, hand washing or hand sanitizing and limiting close contact (defined as contact with someone where you are less than 1 metre apart, without a mask and in contact for more than 15 minutes).

If you are entering a golf course/club environment, without any symptoms and no recorded high temperature, the Covid-19 Icon on your app will change from white to green, when you save the daily symptom monitoring page. This can be presented at the screening station at

the golf course/club which will give you seamless access. The golf course/ club may do spot checks to verify your temperature.



This shows that you are a Covid-19 Symptom Screen Negative and you will have access to the Golf Course/Club. The Green Icon will also display how many consecutive days you have been Covid-19 symptom free, (if you are capturing every day). This is a powerful tool for granting you seamless access to golf facilities.

Positive Symptom Screen

If you develop any symptoms listed on your Covid-19 app, then you should stay home and cancel your tee-time at the club and continue to capture your symptoms at home. The Corona (Covid-19) HealthDocs Icon will turn Red and this will automatically trigger a 14-day patient symptom tracker.



Please don't panic, this is a warning that you have a Covid-19 related symptom/s only, and is not a diagnosis that you have Covid-19. Fill in the necessary questionnaires and start your daily tracker. Please get advice from your General Practitioner, Emergency Rooms, Community Clinic or the NICD. If it is recommended that you undergo a Covid-19 nasal / throat swab, you should do so. Clubs are legally obliged to follow up on your Covid-19 journey should you have been at their facilities. You will need to list all your close contacts on your HealthDocs app. Your golf facility will only receive the contacts related to their institution.

You need to track your symptoms twice daily. If you are not diagnosed with Covid-19, you can return to playing golf as per your doctor's recommendation. BUT continue to track your symptoms within the positive symptom tracker. You will remain in the tracker, until 14 days are complete. Your golf club must be made aware of your Negative Daily Screening BUT you need to stay on this tracker for 14 days. Importantly your Corona (Covid-19) Icon will remain red for 14 days. Your access to a golf course/club will be reflected and granted by the Green indicator.

Covid-19 Positive

If you are Covid-19 positive you will go through a journey that could include the following possibilities self- isolation at home, isolation in a health facility, admission to hospital. If you are self – isolating at home you need to measure your respiratory rate (breaths per minute) and pulse rate. This journey could be tracked as a service for you and the appointed Covid-19 compliance officer at your golf club.

Your Return to golf after a diagnosis of Covid-19 infection are determined by the following:

1. Mild disease treated by self-isolation at home – return to golf 14 days after 1st symptom started.
2. Moderate to Severe disease admitted to hospital, can return to golf 14 days from the end of their symptoms.

Dr FA Rodrigues
MBBCH, FCOG, MBA Henley